This listing of claims will replace all prior versions and listings of claims:

1-10. (Cancelled)

11. (Previously Presented) A metal-to-metal antifuse disposed between two

metal interconnect layers in an integrated circuit comprising:

a tungsten plug disposed in a via in an insulating layer disposed above and in electrical

contact with a lower metal interconnect layer;

an antifuse layer disposed above an upper surface of said tungsten plug,

said antifuse layer comprising a lower adhesion-promoting layer, a middle layer

comprising amorphous carbon, and an upper adhesion-promoting layer;

a layer of a barrier metal disposed over said antifuse layer forming a second

electrode, said layer of said barrier metal comprising a material selected from a group

consisting of at least one of tantalum and tantalum nitride; and

a second insulating layer disposed over said insulating layer, said antifuse

layer, and said layer of said barrier metal.

12. (Original) The metal-to-metal antifuse of Claim 11, wherein said layer of

amorphous carbon is doped with at least one of hydrogen, fluorine, and hydrogen and

fluorine

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13. (Canceled)

14. (Original) The metal-to-metal antifuse of Claim 11, wherein said antifuse

layer is about 10 nm to about 80 nm in thickness.

15. (Previously Presented) The metal-to-metal antifuse of Claim 11, wherein

said layer of said barrier metal layer is about 25 nm to about 200 nm in thickness.

16. (Previously Presented) The metal-to-metal antifuse of Claim 11, wherein

said lower adhesion-promoting layer comprises amorphous silicon carbide, said middle

layer comprises amorphous carbon, and said upper adhesion-promoting layer comprises

amorphous silicon carbide.

17. (Previously Presented) The metal-to-metal antifuse of Claim 11, wherein

said lower adhesion-promoting layer comprises amorphous silicon nitride, said middle

layer comprises amorphous carbon, and said upper adhesion-promoting layer comprises

amorphous silicon nitride.

18. (Previously Presented) The metal-to-metal antifuse of Claim 11, further

comprising an oxide layer disposed on said layer of said barrier metal layer.

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(Previously Presented) The metal-to-metal antifuse of Claim 11, further
comprising a tungsten layer disposed on said layer of said barrier metal.

20-52. (Cancelled)